



Need a specialized home for a loved one?

NEW HORIZONS

BAYSHORE
COMMUNITY HEALTH SERVICES

Changing your life.
bchs.com

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715 North Beers Street
Holmdel, NJ 07733

- Bayshore Community Hospital
- Balance and Motion Center
- Breast Care Center
- Ganz Diagnostic Imaging Pavilion
- Bayshore Hearing Center
- Bayshore Wound Care® Center
- Vassar Eye Center

Bayshore Health Care & Rehabilitation Center

The Willows at Holmdel Assisted Living Community

Pleasant Valley Adult Day Center | Holmdel/Spotswood

Ambulatory Surgery Center | Old Bridge

The SleepCare® Center | Holmdel/Freehold

Bayshore Fitness & Wellness Center | Hazlet/Old Bridge

INSURANCE INFORMATION

New Horizons participates with most insurance plans as well as with Medicare and Medicaid.

WE'RE CLOSE BY

Conveniently located at Bayshore Health Care & Rehabilitation Center, adjacent to Bayshore Community Hospital and other Bayshore Health Care Services facilities, as well as near physician offices and dialysis centers to which we provide free transportation.

COME VISIT US

Schedule an appointment with our admissions coordinators and join us on an informative tour.

For directions to Bayshore Health Care & Rehabilitation Center, visit www.bchs.com or call 732-739-9000.



Opened in 2007, New Horizons, located at Bayshore Health Care & Rehabilitation Center, has been specially designed and staffed to provide skilled and compassionate residential care for individuals with Alzheimer's disease and related dementias.

Staffed by Certified Dementia Practitioners®

Our medically supervised program is staffed by nurses, certified nursing assistants, recreational therapists, social workers and other healthcare professionals and service staff such as housekeepers and dietary aides who have all attained the level of Certified Dementia Practitioners from the National Council of Certified Dementia Practitioners (NCCDP).

The mission of NCCDP is to promote, encourage and enhance the knowledge, skills and practice of all persons who provide care and services to dementia clients. Certification standards require training, experience and continuing education. Certification also requires that the practitioner stays current with trends, ethics, regulations, medications and new developments that enhance the care provided to dementia patients.



"I basically love every single resident here. My goal is to make life as enjoyable as possible for everyone. I think I bring comfort to our residents' families, as well. They want to know that their family member is happy, engaged and being looked after. I get constant job satisfaction. I never go home feeling unfulfilled by my work."

Amy Rayberger
Recreational Assistant

Featuring Snozelen® Therapy

Snozelen® is derived from the Dutch words *snuffelen* (to sniff, to snuffle) and *doezelen* (to doze, to snooze). It was developed in the Netherlands in the 1970s by institutions caring for severely disabled people and today has wide-ranging applications from children to older adults.

Snozelen is a multi-sensory environment using lights and sounds, scents and music to elicit sensations that benefit our residents by supporting their need for both stimulation and relaxation. The Snozelen® room induces feelings of well-being and security, and validates the emotions of every resident on their individual journey with Alzheimer's or related dementia.

"My mother has been a resident for four years. The quality of care she receives on a day-to-day basis is outstanding. New Horizons provides an excellent program, with an excellent nursing staff, support team and recreational activities. I am my mother's physician as well as her son, and our family has peace of mind knowing she receives the best possible care at New Horizons."

Douglas Chudzick, MD



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Comfortable Surroundings and a Partnership of Care

- Accommodations for 37 residents plus one private room with bath
- Communal living room and dining room areas
- Snozelen® room
- Registered dietitian—prepared menus, customized for each resident's capabilities and eating history
- Family-focused philosophy supporting both the resident and family members
- Family support groups led by social workers
- Extensive program of day and evening recreational activities to meet the varied needs of our resident population
- Secure, restraint-free unit with supervised access to enclosed garden courtyards
- Regularly scheduled, supervised day trips
- Spiritual programs and support