



Pennsylvania Activity Professional Association

Improving Quality of Life for the Geriatric Population

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The National Certification Council of Activity Professionals can be found at www.nccap.org

Class Providers for Home Study Classes

- Medical Update at www.medicalupdate.com
- Activity Director Home Study Course at www.activitydirectorcourse.com
- Jane Martin Anderson BS., ACC. Offers MEPAP 2nd Edition course (Part 1 and Part 2) in a home study format. You may begin at any time and work at your own pace in your home. You can contact her at [activityconsultant at mlgc.com](mailto:activityconsultant@mlgc.com)
- Theresa Thorland - www.ltcsupportservices.com Offers MEPAP 2nd Edition course (Part 1 and Part 2) in a home study format and a Documentation Training for Activity Professionals in LTC approved by NCCAP for 6 CEU's. You can contact her at [dtntt at wctatel.net](mailto:dtntt@wctatel.net)
- Debbie Hommel, ACC, CTRS offers an independent study MEPAP program recently approved by the NCCAP. YOU can learn more about this program at www.dhspecialservices.com/mepapindependentstudy.htm. You can find out about shorter independent study programs, all approved by NCCAP, at www.dhspecialservices.com/independentstudypage.htm

PA MEPAP Instructors

Please note that those with an * have indicated to PAPA that offerings are ongoing.

- Mary Ellen Douglas; Doylestown; 215-348-3112; [medouglass106616 at cs.com](mailto:medouglass106616@cs.com)
- Nancy Vandevender; Mechanicsburg; 717-691-0712; [NVande4610 at cs.com](mailto:NVande4610@cs.com)
- Danielle Griffith; Wilkes-Barre; 570-825-6462; [Deemgriff621 at aol.com](mailto:Deemgriff621@aol.com) - Will offer MEPAP 1 beginning in January 2009 in Scranton, PA; MEPAP 2 beginning in February 2009 in Danville, PA and MEPAP 2 beginning in July 2009 in Topton, PA (between Allentown and Reading).
- *Nancy Richards, MEPAP 2nd Ed. instructor in Southeast PA teaches in Montgomery, Bucks, Delaware, Berks and Philadelphia counties; 215-343-5908; [nancy.richards714 at yahoo.com](mailto:nancy.richards714@yahoo.com) - Will offer MEPAP second edition in September 2008 in the Philadelphia, Montgomery and Bucks County area. Next class starts 9/12/09 in Horsham, PA.
- *Sandra Newfield; Hollidaysburg; 814-696-9439; [CertActDirector at aol.com](mailto:CertActDirector@aol.com)
- *Mary Beth Kelly; Clarksburg; 724-725-5643; [mbkelley at prodigy.net](mailto:mbkelley@prodigy.net)
- Jeanne Parker; Bridgeville; 412-221-1340; [jparkeretal at earthlink.net](mailto:jparkeretal@earthlink.net)- Will offer MEPAP 1 classes in the fall.

Other Resources

www.dhspecialservices.com - this website lots of links as well as a free job posting and seminar posting board. My site also offers, books, training materials and independent study education. This website is run by an activity/recreation consultant in NJ.

***National Council of Certified Dementia Practitioners; www.NCCDP.org
February 14th to 21st 2010; Alzheimer's and Dementia Staff Education Week
Free Tool Kit and Staff In-services Available for Download Nov***

The newest component of the NCCDP Alzheimer's and Dementia Staff Education Week 2010 (February 14th to the 21st) is the free tool kit and power point in-services. The Free Tool Kit is available for download beginning November 2009 to March 2010.

In an effort to bring awareness to health care professionals about the importance of comprehensive dementia education, the NCCDP is once again offering a wide variety of topics regarding dementia as power point in-services and is a free download.

The tool kit was developed To Bring Awareness to staff and nurse educators about Alzheimer's and dementia training, certification in dementia care, and to promote dementia education by means of a face to face/interactive classroom environment.

Currently, there are no national standards for dementia education. The regulations regarding dementia education are different from state to state. The NCCDP recommends at minimum 8 hours of comprehensive dementia education to be provided to all staff. NCCDP recommends that ongoing dementia topics be presented throughout the year. Ongoing dementia education should address new advances, culture change, policies, new regulations and innovative interventions.

In addition to facilitating the Train the Trainer programs, The NCCDP promotes certification of all staff as Certified Dementia Practitioners. The NCCDP recognizes the importance of trained and educated dementia unit managers and certifying the Dementia Unit Manager as a Certified Dementia Care Manager. Front Line First Responders need comprehensive Dementia training and the NCCDP provides Alzheimer's and Dementia training to First Responder educators and certification as Certified First Responder Dementia Trainer and Certified First Responder-Dementia (Dementia Trained).

The free tool kit contains In-services (Power Point Presentations), Resources, Proclamation, Press Kit, Word Search Games (to be used with in-services), and Promotional Items. In-services download separately.

The tool kit also includes:

1. Associate and Corporate Membership Applications
2. Nurse Educator of the year nomination forms
3. Alzheimer's and Dementia Staff Education Week Contest
4. 97 Ways to Recognize Alzheimer's and dementia Staff Education Week February 14th to 21st 2010.
5. 20 Reasons Why You Should Provide Comprehensive Alzheimer's and Dementia Training to Your Staff by A Live Instructor
6. Dementia Word Search Games and Interactive Exercises
7. Reading List: Movies and Books About Alzheimer's You Don't Want To Miss
8. Proclamation and Sample Agenda for Opening Ceremony
9. Sample Letter to The Editor
10. Contest Entry Forms- Staff Education week
11. Sample Certificates for in-services
12. Alzheimer's Bill of Rights and Alzheimer's Patient Prayer
13. List of Alzheimer's Songs to Inspire Your Staff

Each year the National Council of Certified Dementia Practitioners reaches out to media, health care magazines, health care associations and long term care settings to support Alzheimer's and dementia staff education week to encourage comprehensive education by trained dementia instructors and encourage competence in the field of dementia care by meeting the educational demands of professional dementia certification (CDP) for all qualified health care professionals.

The National Council of Certified Dementia Practitioners® was formed in 2001 by a group of professionals with varying work and personal experiences in the field of dementia care. Their backgrounds include Nursing, Psychiatry, Dementia Unit Managers, Alzheimer's and related Dementia Care Specialist, Therapeutic Recreation, Social Services, Therapist, Pharmacists, Long Term Care Administration, Elder Law, and Home Care Administration. The Council was formed to promote standards of excellence in dementia education to professionals and other caregivers who provide services to dementia clients. As the number of dementia cases continues to increase nationally and worldwide, there is a great necessity to insure that care givers are well trained to provide appropriate, competent, and sensitive direct care and support for the dementia patient. The goal of the Council is to develop and encourage comprehensive standards of excellence in the profession and delivery of dementia care.

Workshops

Therapeutic Recreation Continuing Education Update. The University of Florida Program Planning for Therapeutic Recreation online course offers 1.5 Continuing Education Credits (15 Contact Hours). This course is a convenient option for Therapeutic Recreation professionals because you can complete the course at anytime and from anywhere. Online Course Cost \$299. Learn the study of planning, implementing and evaluating therapeutic recreation programs. Course topics include philosophy and theories of TR, comprehensive program planning, program evaluation, clinical assessment, activity selection techniques, TR research, TR trends and much more. Dr. Beland will be your instructor and he has been teaching at the University of Florida for over 28 years. He has presented at numerous state, national and international conferences on recreation and the aged and has received state and federal grants to do his research. His latest research is in the area of bibliotherapy for the aged and pediatrics. For more information and to register, visit: http://www.hhp.ufl.edu/depts/continuing_ed/therarec/index.html

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