

[SEARCH BLOG](#)[FLAG BLOG](#)[SHARE](#)[Next Blog»](#)[Create Blog](#) | [Sign In](#)

# Activities Director

Expert Activities Director shares activity ideas, especially for those with Alzheimer's disease and related dementias. The emphasis is on mind stimulating activities. Also discussed are excellent activity resources

Monday, June 8, 2009

## Take Precautions for Facility Outing?

Activities directors, other healthcare professionals and caregivers, here is some important information about outings

NCCDP Newsletter

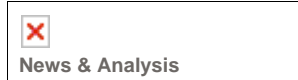
By: Sandra Stimson CALA, ADC, CDP, CDCM

Residents diagnosed with dementia and or who live on a dementia unit may go on supervised outings. But the team needs to put thought and planning for facility trips. As a general rule, anyone that the team feels is not a flight risk should attend outings. As long as there is appropriate staffing to provide supervision, observation and monitoring at all times. Only take the number of residents that can be safely monitored.

On all trips there should be an activity assistant, nursing assistant and a bus driver. Or two activity assistants and a nursing assistant. A nursing assistant should accompany all residents as they are trained in areas of ADL's. Additionally, if you have only one activity assistant and a resident has to go to the rest room, who will be left to monitor the residents? Administrators and Director's of Nursing must make it a policy to have appropriate supervision when resident's have a diagnosis of dementia are on facility outings. The facility is leaving themselves open for possible accidents, elopements, fines and law suits should anything happen

But what if the person is a flight risk? Flight risk may be anyone who is ambulatory or in wheel chair or motorized cart who has wandered away before. But be aware that a dementia resident who wanders away may never have wandered away from a controlled area before. Staff must be alert to this possibility at all times. Plan for it, Expect it.

The team for the dementia unit must meet and decide as a team what the safety issues are, how you will meet those safety issues and which staff will provide the monitoring and observations. The team should make the decision on which residents will attend facility outings. This should not be a decision made by the activity staff. Obviously, anyone who is



### Search This Blog

Loading...

### Amazon Gift Cards Make Great Gifts



Click on the picture to buy one

a flight risk must have one on one staff supervision at all times.

At times you have families who insist that their loved one attend a resident outing. However, safety must come first. If you are not prepared to take this resident on an outing due to inadequate staffing, supervision and monitoring concerns than you must explain to the family. You might ask the family member or responsible party if they would like to attend the trip and assist with their loved one. Many people have no concept of how hard a trip is and what is involved in a trip. It may be one of the hardest and most exhausting of activities.

Pick the location well, as if a life depends on it. The Activity Director should visit the location prior to the trip to access the environment, crowds, bathroom facilities, parking lot and number of exits for the location. Smaller venues are recommended such as;

Small diners

Small pet shops

Small stores

Small stores such as five and dime vs. a large shopping mall.

Drive to a resident's old neighborhood

Small zoo

Ice cream parlors

Garden center

Plan your time well. Probably the best time to go on an outing is 10:00 A.M. and return by lunch time. A long trip is probably not recommended as they tire easily. There are times through out the year that you may want to take residents on trips where they do not leave the van such as viewing holiday lights or observing fall foliage. Keep in mind the weather and dress the residents accordingly.

Always communicate for success. Let the residents know where you are going. When you get off the bus, let the residents know what they will be doing. When they return, state to the residents,



For a great resource for those with dementia, caregivers and healthcare professionals, [click here](#)

For information on being the best caregiver you can be, [click here](#)

For more interesting dementia articles and activities, [click here](#)

Posted by experienced healthcare professional at [5:21 AM](#) 

## Celebrate Judy Garland's birthday in June

[The Wizard of Oz](#)  
Judy Garland  
New \$44.99  
Best \$44.99

[A Star Is Born](#)  
Judy Garland, Jame...

[In the Good Old Summertime](#)  
Judy Garland, Van ...

[MGM](#)  
Patrick Stewart, L...

[The Wizard of Oz](#)  
Judy Garland, Fran...

[Privacy Information](#)



## For Nurses and Social Workers



**Fitness is important for healthcare professionals and caregivers-click below**

[Fitness Magazine Download Store](#)

Labels: [caregiver](#), [healthcare professionals](#), [safe supervised outings](#)

0 comments:

[Post a Comment](#)

[Newer Post](#)

[Home](#)

[Older Post](#)

Subscribe to: [Post Comments \(Atom\)](#)

### Buy Adorable Photo Book or Flash Cards at a discounted price

Adorable Photographs

Book \$12.00



Order with confidence from PayPal

[Share on Facebook](#)

### Why are these books here?

[They are dementia helpers](#)



[Subscribe to Activities Director](#)

[Blog Directory for Danvers, MA](#)

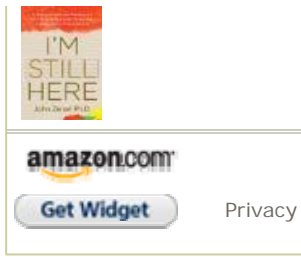
### My Favorites



I'm Still Here: ...

John Zeisel (Ha...

\$16.47



I'M STILL HERE  
John Deen, Ph.D.

amazon.com

Get Widget Privacy



amazon.com  
and you're done.

Still Giving Kisses  
Best \$10.00

Privacy Info



Search Amazon:

GO!

Search New and Used  
amazon.com.

**SAVE \$100 ON  
AMAZON**

[Amazon Kindle](#)

**\*\*TRY AMAZON  
PRIME, FREE\*\***



We love AMAZON PRIME,  
click on the picture to see  
why

**See posts of 7/19 and  
7/20**

[7/20](#)

[7/19](#)

**A good music therapist  
in the north of Boston  
area**

[Music by Victoria](#)

**COMING SOON**

The ebook Activity Ideas  
Galore

**Subscribe To Activities  
Director Here**

**Jolene Brackey was on  
Good Morning America  
on July 8**



[Creating Moments of Joy](#)  
Jolene Brackey  
**Best Price \$15.54**  
or Buy New \$16.47

Buy from [amazon.com](#)

[Privacy Information](#)

**Activity Director Today**

[Activity Director  
Community](#)

[Activity Director Today E-  
magazine](#)

[Activity Ideas Galore](#)

**PLEASE VOTE FOR  
THIS BLOG BY**

**CLICKING THE BUTTON BELOW**



**My Blog List**

**e dementia tips**  
Senile Dementia  
Treatment  
*3 hours ago*


**e dementia views you can use**  
How to boost  
Alzheimer's-fighting  
compounds' value  
*15 hours ago*

**dementia**  
Good by to all my loyal  
followers  
*4 months ago*

**Alzheimer` s Activities**  
Good by to all my loyal  
followers  
*4 months ago*


**pl. Dementia Care**  
Why are elderly  
persons evicted from  
long tem care?  
*6 months ago*


---



**alzheimer'sideas**  
*Last seen 5 months ago*


**My Communities**

 **BlogCatalog**

 **Digg**

Powered By BlogCatalog

Explore Some Highly Recommended Books About Dementia Activities



[Adorable Photographs of Our Baby](#)  
Susan Berg  
**Best Price \$15.59**  
or Buy New \$15.95

Buy from amazon.com

[Privacy Information](#)



[Keeping Busy](#)  
James R. Dowling  
**Best Price \$8.99**  
or Buy New \$15.57

Buy from amazon.com

[Privacy Information](#)



[The Positive Interactions Program Of...](#)  
Health Professiona...  
**Best Price \$34.95**  
or Buy New \$34.95

Buy from amazon.com

[Privacy Information](#)

MY ZIMBIO

### Meet Susan Berg

[music therapist](#)

[experienced healthcare professional](#)

[dementia activity specialist](#)

 [alzheimerideas - <foo](#)



### Blog Archive

▼ 2009 (150)

▶ August (20)

▶ July (23)

▼ June (23)

[Friendship day thoughts, proverbs and poems](#)

[Watermelon trivia](#)

[Watermelon art project](#)

[Poems offering support for those with Alzheimer's ...](#)

[Massage and Alzheimer's Disease: What would Maslow...](#)

[Lemonade - a refreshing summer](#)

[drink for those  
wit...](#)

[More about smiling  
and dementia](#)

[Smile ideas for those  
with dementia](#)

[Baby pictures make  
those with  
dementia smile](#)

[Bring a teddy bear to  
an Alzheimer's  
patient](#)

[The Power of Your  
Music Muscles](#)

[Remembering men  
with dementia](#)

["Preventive  
gerontologist"  
specializes in  
preventi...](#)

[Where To Live As We  
Age](#)

[A flag making  
activity](#)

[Nursing Home  
Activities Ideas](#)

[Picture cards help  
families chat to  
elderly and th...](#)

[Take Precautions for  
Facility Outing?](#)

[More about craft  
projects for those  
with dementia](#)

[Turning inspiring  
words into exciting  
decor with r...](#)

[Father's day gifts for  
those with  
dementia](#)

[Name That Tune Facts](#)

[Easy patriotic art for those with dementia](#)

- ▶ [May \(23\)](#)
- ▶ [April \(17\)](#)
- ▶ [March \(13\)](#)
- ▶ [February \(11\)](#)
- ▶ [January \(20\)](#)
- ▶ [2008 \(151\)](#)

Technorati Tags:  
[alzheimers](#)

# MIGRAINE TREATMENT **NOT** WORKING

EVEN ACTIVITIES DIRECTORS NEED TO RELAX



Del.icio.us Tags: [dementia](#)

Activities Director

[Free Search Engine Submission Service](#)

**SUBMIT FREE**