Sexuality Assessment: Assessment of Competency, Safety, and Ability to Give Consent

Initial considerations
____ Both residents individually express a desire to be involved in a sexual relationship with each other and both are willing participants.
____ Is the sexual relationship contraindicated by a physician’s order?
____ Does either resident have any disease that can be transmitted through sexual contact?
____ Has the IDT Team, physician, or mental health professional determined that the individual does not have the capacity to give consent to sexual activity?
____ Does the resident score greater than 14-18 on the Mini-Mental State exam (MMSE)?
____ Does the resident have a legal guardian that does not consent to the sexual relationship?
____ Does sexual activity pose a threat to the health and safety of either individual in the relationship?

Privacy
____ Resident understands that some body parts are private and should not be displayed in public.
____ The resident can distinguish between private versus public behavior and information.
____ Is aware of the need for privacy, both auditory and visual.
____ Is aware of appropriate “time and place” to express affection.
____ Understands concept of a private, acceptable location (e.g., not with roommates present, curtain is drawn, door is shut).

Resident’s awareness of the relationship
____ Is the resident aware of who is initiating sexual contact?
____ Does delusion or misidentification affect the resident’s choice? (Example – Mistaking the other person for their spouse).
____ Can the resident state what level of sexual intimacy they would be comfortable with?

Can the resident avoid exploitation?
____ Is the behavior consistent with previously held beliefs and values?
____ Does the resident have the capacity to say “No” to uninvited sexual contact?
____ Does the resident voice statements of fear or reluctance?
Is the resident aware of potential risks?

____ Does the resident realize that the relationship may be time-limited (e.g. if a placement is temporary)?
____ Can the resident describe how they will react when/if the relationship ends?
____ Is aware of options for contraception.
____ Can describe the function and use of contraceptives.
____ Understands risks of potential pregnancy, STDs, injury, etc.

Body parts and function

____ Knows that certain personal activities are to take place in private (e.g., toileting, masturbation, etc.).
____ Knows normalcy and health of both male and female genitalia.
____ Knowledgeable of the human life cycle and the changes that the body undergoes through time.
____ Has full knowledge of appropriate ways to express sexuality.

Personal relationships

____ Knowledgeable of the concept of dating.
____ Knowledgeable of the concepts of marriage and divorce.
____ Knowledgeable of the concepts of heterosexual, homosexual, monogamous, and bigamous relationships.
____ Knowledgeable of the concept of abstinence.
____ Knowledgeable of safer sex practices.

Personal rights and responsibilities

____ Knows that whether or not to engage in sexual activity is a choice that one decides.
____ Understands concept of “consent”.
____ Knows that he or she decides whether or not someone else may touch him or her.
____ Can respect another’s right not to be touched.
____ Knows personal limits and boundaries in a relationship.
____ Knows how to appropriately control sexual desire.

Sexual abuse

____ Knowledgeable of the concepts of rape, how to prevent it, and how to report it.
____ Knowledgeable of sexual abuse and exploitation.
____ Can identify the signs of sexual abuse.
____ Knowledgeable of the concept of sexual harassment.
____ Knowledgeable of the emotional and psychological impact of rape, sexual abuse, and sexual harassment.
____ Knows how to report sexual abuse, rape, and sexual harassment,
and can identify a person or place to go for assistance.

**Sexually transmitted diseases**

_____ Is aware of possible consequences of unprotected sexual activity.

_____ Knowledgeable of the concept, causes, and ramifications of sexually transmitted diseases, including HIV and AIDS.

_____ Knowledgeable of the signs and symptoms of sexually transmitted diseases, including HIV and AIDS.

SOURCE: http://www.nursinghomepro.com/