Let’s get real and discuss some of the pressing issues that caregivers and staff face regarding sexuality and intimacy in the elderly with a diagnosis of Dementia. This topic is rarely discussed and very little training is provided in the area of sexuality and intimacy. This leaves staff and caregivers ill prepared to handle sensitive situations.

The video presentation is designed to educate families, front-line staff, health care professionals, state agency staff, association staff, caregivers, management company staff and educators who work in all aspects of health care where elder care is provided or supported.

Worldwide, there are very few educational resources focused on sexual expression in the elderly and the emotional, psychological, cognitive, and physical impact that can occur when an elder’s sexuality and issues regarding intimacy are not considered, mishandled, or misunderstood.

This educational resource attempts to dispel myths about intimacy and aging as well as addresses concerns that staff may have related to sexual expression as it relates to health problems, LGBT concerns, and dementia. Common questions are addressed that provide staff with commonsense approaches, with a focus on person centered care and understanding the rights of the elder. The video provides a link to a complimentary file of handouts to accompany the presentation.

Presented and developed by Lynn Biot-Gordon, Chief Operations Officer and Co-Founder of the National Council of Certified Dementia Practitioners founded in 2003 and International Council of Certified Dementia Practitioners founded in 2015. Lynn is a Clinical Social Worker, Certified Dementia Practitioner, Certified Alzheimer’s Disease Dementia Care Trainer, Certified Montessori Dementia Care Professional and Certified Dementia Support Group Facilitator. Lynn has a Master of Social Work from Boston University and over 30 years of experience as a Social Worker, national speaker, health educator, consultant, and author of healthcare curriculum for elder care.

Sandra Stimson Chief Executive Officer is the co-founder of both the NCCDP and the ICCDP.

Approximate running time: 24 Minutes
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