

Alternative Therapies for Care - True/False Quiz

Instructions:

Read each statement carefully and determine whether it is True (T) or False (F).

1. Alternative therapies for dementia care focus only on pharmacological treatments.
2. Music therapy is a clinical, evidence-based intervention that can help improve memory, communication, and emotional well-being.
3. Personalized music playlists can benefit residents without the need for a certified music therapist.
4. Art therapy provides opportunities for self-expression, creativity, and emotional healing for individuals living with dementia.
5. Aromatherapy involves using essential oils for therapeutic benefits such as pain management, stress reduction, and improved sleep.
6. Pet therapy has no proven benefits for individuals with dementia.
7. Reminiscence therapy involves sharing pleasant memories from the past and can improve well-being.
8. It is not necessary to consult with nursing staff or family members before implementing alternative therapies for residents.
9. Alternative therapies can be especially useful in the later stages of dementia.
10. Local hospice providers may have certified professionals who can assist in providing alternative therapies for residents.