

Answer Key:

1. True – Activity kits are designed to be accessed by staff, families, volunteers, and residents.
2. False – They supplement group activities but do not replace them.
3. True – They help reduce agitation and boredom.
4. False – They can be placed in multiple locations such as entryways, care offices, and common areas.
5. True – These are common activities included in activity kits.
6. False – Soft sensory or tactile items are appropriate for inclusion in kits.
7. True – Consulting the nursing team ensures safe and effective use.
8. False – They should be accessible to residents and families as well.
9. True – Placing kits in multiple accessible locations ensures they are used frequently.
10. True – Training staff on proper usage ensures the kits are effectively utilized.