

National Council Certified Dementia Practitioners

Dementia and Alcohol Related Brain Damage

Pre-Test / Post-Test

1. Risky alcohol use for women and adults over age 65 is more than 1 drink per day.

True **False** (More than 3 drinks per day)

2. Alcohol use disorder is a problematic pattern of alcohol use leading to clinically significant impairment or distress.

True False

3. 10% of dementias are alcohol related.

True False

4. Excessive consumption of alcohol over many years always results in brain damage.

True **False** (It does not always occur, but can)

5. There is a possibility of recovering from alcohol related dementia in some cases.

True False

6. Alcohol abuse can lead to brain shrinkage.

True False

7. Wernicke's encephalopathy symptoms include blindness and deafness.

True

False

8. A symptom of Korsakoff's syndrome is making up stories to fill in memory gaps (confabulation).

True

False

9. The primary treatment for Wernicke's and Korsakoff's is Thiamine (vit B1), good nutrition, and no alcohol consumption.

True

False

10. There are no diagnostic tests or brain imaging procedures to diagnosis Wernicke's or Korsakoff's.

True

False