

Answer Key

1. **False** (Anxiety disorders are common in older adults but often overlooked.)
2. **True**
3. **False** (CBT is proven to be effective for treating anxiety in older adults.)
4. **True**
5. **True**
6. **True**
7. **False** (Benzodiazepines are used cautiously and are not first-line medications.)
8. **True**
9. **True**
10. **True**