

Subjective Cognitive Decline

Data from the 2015 Behavioral Risk Factor Surveillance System

Aggregated across 34 states:

Alabama • Arizona • Arkansas • California • Colorado • District of Columbia • Florida • Georgia • Hawaii • Illinois • Iowa • Louisiana • Maryland • Michigan • Minnesota • Mississippi • Nebraska • Nevada • New Jersey • New York • North Dakota • Ohio • Oregon • Rhode Island • South Carolina • South Dakota • Tennessee • Texas • Utah • Virginia • West Virginia • Wisconsin • Wyoming

1 in **9** Americans aged 45 and older are experiencing **S**ubjective **C**ognitive **D**ecline.

SCD is self-reported **MEMORY PROBLEMS**

that have been getting worse over the past year.



Less Than **HALF** with SCD have talked to a health care provider about it.



35.7% needed help with household chores.



40.5% had to give up day-to-day activities.

ONE in **THREE**



say SCD interfered with social activities, work, or volunteering.

Many with **SCD** also have other chronic conditions

61.3% arthritis

28.4% cardiovascular disease

26.7% diabetes

21.5% COPD

15.1% asthma

14.8% history of cancer

80.2% report at least one of these conditions

