

National Council of Certified Dementia Practitioners

Subjective Cognitive Decline SCD and Subjective Cognitive Impairment SCI

Pretest

True or False: Circle One.

1. SCD is a precursor to MCI?  
True or False
2. SCD is generally self-reported or reported by family member, care giver or coworker?  
True or False
3. SCD or SCI is a risk factor for future Dementia if not reversible?  
True or False
4. Many with SCD also have other Chronic conditions?  
True or False
5. Several risk factors for SCD or SCI is slow gait, rapid weight loss, depression and others?  
True or False
6. There is no subjective test that can diagnosis SCD or SCI?  
True or False
7. Once the patient reports cognition concerns physicians will conduct a physical exam, review of patient's medical history, order diagnosis tests, screen for anemia?  
True or False
8. Current screening tools do have limitations and no one screening tool fits everyone?  
True or False
9. It's important that SCI and SCD be taken seriously?  
True or False
10. One strategy to improve memory and maintain cognitive vitality is mindfulness?  
True or False

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Posttest:

True or False: Circle One.

Pretest

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Answers to Pretest and Posttest:

1. True
2. True
3. True
4. True
5. True
6. True
7. True
8. True
9. True
10. True