

Answer Key:

1. **False** – A Life Story document is used for both personal engagement and care planning.
2. **True** – It helps improve interactions and supports personalized care.
3. **False** – It includes personal interests, routines, and comfort strategies, not just medical history.
4. **True** – Preferred names, past occupations, and family relationships are essential details.
5. **True** – Keeping it accessible ensures caregivers can reference it easily.
6. **False** – Activity planners can use Life Stories to create meaningful engagement opportunities.
7. **True** – Personalized activity kits and conversation prompts can be created from Life Story details.
8. **False** – Families may be overwhelmed at move-in, so following up at 30 or 60 days is recommended.
9. **True** – It provides guidance on how to comfort an individual when they are upset.
10. **True** – Using Life Stories in person-centered care can include room decorations and personalized care plans.